

Summer Family Fun Hikes

Looking for a fun way that you and your children can get outside and interact with nature this summer? Come and join Mrs. Heintzleman, Country Day School's science teacher, to explore our beautiful surroundings and connect with nature! Please read the choices below to find the hike that will suit your family. If you're interested in joining us, please reply to this email or call Country Day School at (412)963-8644 by Monday, June 12th. All are welcome, and we hope that you will join us!

6 Nature's Kitchen 9

Tuesday, June 13th from 8:30-10:00am

This hike is designed for children entering **JPK (age 3) through kindergarten** for the 2017-2018 school year.

Children will play in the woods in nature's kitchen and explore the trails just outside our doorstep at Country Day. We will gather natural treasures to bake a pretend "nature cake". Afterwards, we will enjoy a snack together on the playground. Drinks and snacks will be provided, and children must be accompanied by an adult.

"Walk to Water Wonders"

Tuesday, June 13th from 10:00-11:30am

This hike is designed for children **entering first grade through third grade** for the 2017-2018 school year.

We will walk from the Country Day campus on a trail through the woods down to the stream. While there, we will explore its meandering path through Riding Meadow Park. Then, we will walk back to the Country Day playground and enjoy a picnic. Drinks will be provided, but children will need to bring their own lunches. All children must be accompanied by an adult.

"Stream/Mountain Extreme"

Wednesday, June 14th from 9:00-11:30am

This hike is designed for children **entering third through fifth grade** for the 2017-2018 school year.

The hike route will depend on the weather and will include either a 90-minute hike around the stream OR a 90-minute mountain loop around the Trillium Trail. We will meet on the Country Day School playground to begin our day, and end the morning with a picnic lunch. Drinks will be provided, but children will need to bring water shoes and bag lunches. All children must be accompanied by an adult.